

Create Your Writer's Life: *A Guide to Writing with Joy and Ease*

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With ***Create Your Writer's Life*** you will:

- Gain clarity on why you write.
- Understand what you expect to gain from your efforts.
- Keep a regular journal to tap into your wisdom on your process.
- Work on exercises that challenge you to go for it!
- Identify ideal writing conditions and take steps toward creating them.
- Develop relationships with family and other writers to support your work.

Tried and True Exercises Created for You

Create Your Writer's Life contains thirteen chapters that introduce common issues in the writing process. Each chapter contains exercises that will guide you to enjoy your unique writing process. The power lies in taking the time to do the exercises, rather than merely read them and think about them. When you write your thoughts you harness a magic that endows you with clarity and wisdom that you don't get from thinking or talking. These exercises give you the glue to hold it together when life threatens to disrupt your writing practice.

The exercises are brief but powerful, leaving you with learning and time to do your own writing.

Some of the exercises I have created for you include:

Writer's Assessment: What you need to know to understand your writing history and make a long-lasting commitment to your writing.

What Motivates You: With this powerful tool you will be able to overcome the writer's biggest challenge - staying on course!

Meeting Your Gremlin: After you have done this exercise you will struggle a lot less and enjoy your writing a lot more.

Prioritizing Possibilities: When your abundance of great ideas threatens to obstruct your progress, this exercise will guide you to choose which project is right for you now.

Organize Your Writing: Get clear, get focused and get writing. With this exercise you will identify what organizing style helps you to get the words out.

Honor Community: You are not alone. Identify sources of community and inspiration to keep you going when the writing is difficult.

Enjoy Your Writing and Your Life Too! Use these simple exercises to achieve and maintain balance so you can write and live too.

Wrap It Up: Completion exercises help you to acknowledge the progress you made and celebrate so you can move on to the next project.